



# 2018

# Christmas Day

## SABATO 15 DICEMBRE

### alla Wellness Town

| ore   | ACQUA      |              |
|-------|------------|--------------|
| 9.30  | HydroBike  | Francesca    |
| 10.30 | Acquapower | Francesca    |
| 11.15 | Acquapower | Maria Grazia |
| 12.15 | HydroBike  | Maria Grazia |
| 13.30 | AcquaFun   | Paolo        |
| 16.00 | AcquaFun   | Paolo        |

| ore   | Fitness (P)    |               |
|-------|----------------|---------------|
| 11.00 | Pilates        | Famiano       |
| 11.00 | Total Body     | Alessio       |
| 11.00 | Indoor Walk    | Cristina D.   |
| 11.00 | Indoor Cycling | Fabio Gennari |
| 11.00 | Omnia          | Andrea        |
| 12.15 | Indoor Walk    | Cristina D.   |
| 13.30 | Indoor Cycling | Cristina D.   |
| 12.00 | TombolaFit     | Famiano       |

CHIEDI INFORMAZIONI  
IN RECEPTION